



Dr. BRUCE CLOAD presented with Dr. Dennis A. Kendel Distinguished Service Award for 2019

SASKATOON, December 2, 2019 – During a special awards banquet held on November 29th, 2019, the Council of the College of Physicians and Surgeons of Saskatchewan presented Dr. Bruce Cload (see attached biography), an Emergency Department physician leader in three hospitals of Saskatoon, with the prestigious *Dr. Dennis A. Kendel Distinguished Service Award* for outstanding contributions to physician leadership and to physician engagement in quality improvements in health care in Saskatchewan.

According to Dr. Brian Brownbridge, President of the College Council, “Dr. Cload has demonstrated outstanding physician leadership through the development of medical protocols, emergency department flow initiatives, physician and human resources development, and exemplary hard work. Congratulations on receiving this well-deserved award.”



Photo, L-R: Dr. Karen Shaw, CPSS Registrar, Dr. Bruce Cload, 2019 Kendel Award recipient, Dr. Brian Brownbridge, CPSS President.

“I am surprised and privileged to receive this award. It recognizes, represents and values the work and efforts of many colleagues and partners to improve care in the emergency department,” said Dr. Cload.

During his time in Saskatoon, Dr. Cload contributed to a variety of Emergency Department “Flow” Initiatives, including overcapacity protocols, transition plans for trauma patients to inpatient units, and building a Rapid Access Outpatient Psychiatry program and a Rapid Access Chest Pain Clinic. Among many other achievements, he also ensured the creation and distribution of standardized equipment carts for ENT (Ear, Nose, Throat), Ophthalmology, Gynecology, Airway Management and Simple Suturing, Open Arrest, Vascular Access, and Chest Trauma across all three Saskatoon sites, saving time for all staff who needed to use those supplies.

In his letter of support one nominator included that “a fellow emergency physician [had] commented that “[through his quality improvement work] Bruce has saved more lives than the rest of us combined”. He added that Dr. Cload was instrumental in coordinating the care of all the trauma and surgical teams in the emergency department during the Humboldt Broncos Tragedy and ensured that even during one of Saskatchewan’s worst moments the medical care offered was the very best.

Please join us in congratulating Dr. Cload for this accomplishment!



The Dr. Dennis A. Kendel Distinguished Service Award was named in honour of Dr. Dennis Kendel, who retired in 2011 after a long career as Registrar of the College of Physicians and Surgeons of Saskatchewan. Past recipients are Dr. Werner Oberholzer and Dr. Nelly Helms (2012), Dr. Marilyn Baetz (2013), Dr. William Albritton (2014), Dr. Ryan Meili and Dr. Mark Wahba (2015), Dr. Corrine Jabs (2016), Dr. Susan Shaw (2017), and Dr. Morris Markentin (2018).

17 PHYSICIANS RECEIVE AWARD FOR 40 YEARS OF SERVICE

To further complement Friday's award presentation, seventeen (17) recipients were honoured with **Senior Life Designation 2019** (for having held a license to practice medicine in Saskatchewan for a cumulative total of 40 years) for their lifelong contribution, as per the Medical Profession Act.

These are **Dr. John Alport, Dr. Isaac Caburao, Dr. Wallace Clarke, Dr. Intravadan Dattani, Dr. Carol Geddes, Dr. Zarin Kalepsi, Dr. Berwyn Larson, Dr. Sara Mahood, Dr. Joseph Michel, Dr. George Miller, Dr. Robert Murray, Dr. Arun Nayar, Dr. Donald Stefiuk, Dr. Esther Stenberg, Dr. Shashi Suri, Dr. Chiranjib Talukdar (2017), and Dr. Jack Urton.**



Above: Eight physicians were able to join the ceremony to receive their Senior Life Designation award.
Back Row, L – R: Dr. Shashi Suri, Dr. Arun Nayar, Dr. Dan Dattani, Dr. Berwyn Larson and Dr. Donald Stefiuk.
Front row, L-R: Dr. Esther Stenberg, Dr. Carol Geddes, and Dr. Isaac Caburao.

Biographies for the Senior Life Designation recipients listed in the photo are attached.

*The mission of the **College of Physicians and Surgeons of Saskatchewan** is to serve the public by regulating the practice of medicine and guiding the profession to achieve the highest standards of care. It currently issues licenses to over 2500 physicians and surgeons in the province, as well as over 1800 corporate permits.*

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Source:

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2019



Dr. Bruce Cload is a Saskatoon-based Emergency Department physician at Royal University Hospital. Born in England, he began his academic career as a theoretical mathematician after completing a doctorate at University of Toronto. Post medical school at the University of Calgary, Bruce finished his residencies in Emergency Medicine and Critical Care at Queen's University. He has been part of the Saskatoon Health Region/Saskatchewan Health Authority since 2011 and has worked as a trauma team leader, intensivist, emergency physician, operation lead and assistant chief of the Emergency Department, and Director of the Canadian Hospitals Injury Reporting and Prevention Program (CHIRPP).

During his time at RUH, Bruce has contributed to a variety of Emergency Department "Flow" Initiatives, including overcapacity protocols, transition plans for trauma patients to inpatient units, and building a Rapid Access Outpatient Psychiatry program.

Among many other achievements, he also ensured the creation and distribution of time-saving and efficient standardized equipment carts for ENT (Ear, Nose, Throat), Ophthalmology, Gynecology, Airway Management and Simple Suturing across all three Saskatoon sites.

One letter of support for Dr. Cload's nomination included that "a fellow emergency physician [had] commented that "[through his quality improvement work] Bruce has saved more lives than the rest of us combined". This is because all of the changes he has made to organize the equipment and workflows have led the capacity to provide quality healthcare quickly and efficiently to a much greater number of patients.

The letter continues on to say: "The Dennis A. Kendel award requires that the recipient demonstrate "high standards of professionalism and commitment to the profession". Bruce showed he represents the highest ideals of medicine through his efforts during the Humboldt Tragedy. During this disaster, he was among the first to arrive at the Royal University Hospital and volunteered to be the Emergency Department Incident Commander, thus taking ultimate responsibility for every casualty that arrived. While individual trauma and surgical teams took care of each patient, it was Bruce who coordinated the care of all the teams in the Emergency Department and ensured that even during one of Saskatchewan's worst moments, the medical care offered was the very best."

In his spare time, Bruce is an avid cyclist, Nordic hiker, and experimental cook.

The Award

Senior Life Designation is awarded to physicians who have been licensed on a form of postgraduate licensure in Saskatchewan for a cumulative total of 40 years*.

Senior Life designation is honorary only. It conveys no right to practise medicine in Saskatchewan, to hold office or to vote.

A physician may concurrently hold Senior Life Designation and another form of licensure.



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Senior Life Designation

November 29

2019



An Award Presented by
the Council and the College

2019 Recipients

In recognition of 40 years of fully licensed practice of medicine in the Province of Saskatchewan

Tonight's Recipients:

Dr. Isaac Caburao
Dr. Intravadan Dattani
Dr. Carol Geddes
Dr. Berwyn Larson
Dr. Arun Nayar
Dr. Donald Stefiuk
Dr. Esther Stenberg
Dr. Shashi Suri

Additional Recipients for 2019:

Dr. John Alport
Dr. Wallace Clarke
Dr. Zarin Kalepesi
Dr. Sara Mahood
Dr. Joseph Michel
Dr. George Miller
Dr. Robert Murray
Dr. Chiranjib Talukdar
Dr. Jack Urton

*Service with the Canadian and/or Allied forces and postgraduate training after registration are included.

Dr. Isaac Caburao



Dr. Isaac Caburao was an intern set to graduate from medical school in April 1973 when martial law was declared in the Phillipines on September 21, 1972.

During this time, he is especially proud of having served as a volunteer for the Red Cross after the typhoon and flood hit the Phillipines in 1972-1973.

He passed the ECFMG in January 1973 and had to take the Phillipine Board Exams every Sunday of June 1973, with the last exam on Sunday, June 24, 1973. He then left the Phillipines on June 26, destination Windsor, Ontario!

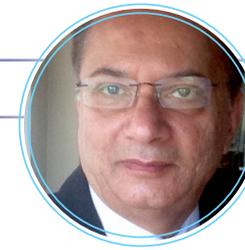
From there, he completed rotating internships in Detroit, Michigan (USA) and in Regina. He studied Internal Medicine at Victoria Hospital in London, Ontario, and Surgery at Christ Hospital in Chicago, Illinois (USA) before moving to Saskatchewan.

Dr. Caburao has cared for patients as a family physician in solo practice in Regina, SK since 1979, and has served as a physician for the Canada Games (SK) and various Taekwondo Tournaments.

According to him, doctoring is the part-time job that allowed him to work for gas money to go to his full-time job: all-year-round hunting and fishing, including ice fishing! He especially likes hunting Canada geese!

*"I always tell my patients:
Live in the moment! Yesterday is done."*

Dr. Dan Dattani



Dr. Dan Dattani has been involved in multi-specialty research with International Global Landmark studies since 1982. He focussed his practice in Chronic Disease management including Diabetes, Cardiovascular, COPD, Hypertension, Osteoarthritis, and Gastroesophageal Reflux Disease. He has also been lead physician at Acadia Medical Centre since 1981.

Dr. Dattani is especially proud of his participation as principal investigator & putting Saskatoon on the Global Map of Landmark studies. He served the University of Saskatchewan/College of Medicine as a mentor, examiner, and on various committees, and as CME Chair for the College of Family Physicians of Canada - SK at the provincial and national levels. He was recognized by the Province of Saskatchewan with the Centennial Medal and Queen's Jubilee Medal and received special recognition by the American Society of Hypertension & American Heart Association with a fellowship for his contributions as a researcher.

"I started my medical journey in India to the news that my family had been stripped of everything from their domiciled home in Uganda. Within weeks of the news, my parents had relocated to join me in India until they could reestablish our family in our new home in London, England. As a refugee, I am filled with tremendous gratitude for the opportunity to build my medical career in Canada, and have my three children with my beautiful wife Chandra. I vividly remember the first-time setting foot in RUH and being welcomed by the then medical faculty and staff. It was a turning point for me in my life as I had lost my home but gained my new home in Canada. One of the most rewarding parts of my job has been bringing new life into the world, and as I approach 40 years of medical practice, having the honor of delivering babies of the babies I delivered years ago."

Today, he enjoys visiting family, travelling, seeing and meeting people of different cultures, and experiencing diverse humanity via religious, historical and archaeological depiction.

"I am a grandfather of three children and two handsome granddogs."

Dr. Carol Geddes



Dr. Geddes operates a full family general practice, including obstetrics & deliveries as well as palliative care. She graduated from the U of S College of Medicine, then did her family residency, most of her JURSI in Regina and 1 year GP Anaesthesia in Regina. In 1980, she obtained her Diploma in Tropical Medicine & Hygiene in Liverpool, England. She started in sports medicine. After 2 years working in anesthesiology back in Saskatoon, she was encouraged to go back into family practice in 1983 because of her communication skills with her patients, then spent 20 years on the Child Abuse Committee, and several years as Medical Officer for St. John Ambulance. Following locums at Regina Community Clinic, then in Moose Jaw, Lampman and Nipawin, she practiced at Avon Medical Center in Regina for many years until it closed in January, 2018. She then re-established her practice at Peace Medical Clinic where she still sees patients today.

She has served on many committees, including the SMA Members Advisory Committee (5 years), the Salvation Army Board for Grace Haven & Gemma house for unwed mothers (35 years or more), where she is especially proud of having contributed to the development of a support network for young mothers with no support, so that they are able to build a life and keep their babies. She has also served on the Ethics Committee in Regina since 2008.

Her most memorable moment: "As a 2nd-year medical student, I helped deliver a baby with co-student Patty Hanson on a 172 Cessna pontoon plane as it landed in La Ronge. It was a good thing it was the mother's 7th child after two sets of twins - she knew more what she was doing than we did! I was so proud to have even remembered to wipe the mucous and dry the baby - I had never seen a delivery before, not even on film! After that, I was hooked on obstetrics!"

She still lives in house she grew up in, enjoys photography, quilting, musical theatre, horses and competitive dressage, and training and adopting humane society dogs.

"I am proud of developing a family practice in obstetrics, and seeing the babies she helped delivered grow up, then helping to deliver their babies too!"

Dr. Berwyn Larson



Dr. Berwyn Larson (Md, CCFP) is originally from Outlook, SK. First licenced with the College in 1979, he practiced family medicine at McEown Medical Clinic (1980-2019), was student health physician at the Uof S (1982-1985), chief medical examiner for Vanscoy Potash Mine (1986-2016), and worked extensively with Veterans Affairs Canada (VAC) as Senior District Medical Officer from 1986 to 2013. Since 2017, he has held the position of Head of the Division Long Term Care (SDA + new SHA)

His most significant achievement is the development of a computer-based app that could quickly and accurately summarize the amount of hearing loss a veteran has suffered and calculate the appropriate pension level for said loss. The app is still used nationwide at Veterans Affairs.

“During my 20 plus years serving veterans at VAC, I was touched and moved by the heroic stories our WWII Veterans told. Like the veteran who could only take cover behind a power pole as enemy bullets pierced his body and yet he returned fire. Or the brave pilot who walked away from 5 separate crashes when many of his comrades did not. These folks truly represent the “greatest generation” our country has ever seen. I was proud to assist them!”, stated Dr. Larson.

Dr. Larson recently took up painting, inspired by Dr. Wilfrid Hathway and Dr. Zygmunt “Ziggy” Kondzielewski. He is also an advanced scuba diver, now counting at 150 dives, and is currently working on restoring a 1972 Westphalia van.

In his spare time, he loves helping his son and grandchildren make birch tree syrup (called *Uncle Berwyn’s Birch Syrup*) in the Yukon. He adds: “You have to try Birch beer from Yukon Brewing Company if you get the chance!”

Dr. Larson’s greatest pride was assisting veterans with their healthcare matters.

Dr. Arun Nayar



Dr. Arun Nayar (LRCP, MRCS, CCFP, FCFP) was born in Tanzania and moved to India as a teenager where he later completed his medical training in Manipal, Karnataka in 1976. He moved to London to further his training and to work in Medicine and Surgery.

In 1978, he started his career in Newfoundland with Cottage Hospital Schemes as a smalltown doctor, then worked in Beechy, SK, in 1979, before settling down in Kelvington in 1980 where he practiced for 11 years as Chief Medical Doctor.

His experiences ranges from General Pediatrics (Regina General Hospital) to Internal medicine (Royal University Hospital, Saskatoon, 1 year), to Chronic Disease Management and Geriatric Medicine.

He is most proud of his work as principal investigator with Landmark Trials (eg. Jupiter and Trials of Frontline Diabetes Management - New Class of drugs: DPP4, GLP1, SGLT2). He is also proud of having developed a successful Medical Practice in Saskatoon from one physician to eight physicians, and of having worked for the Canadian Armed forces as a civilian for the last 10 years.

He had the privilege of treating wonderful people who, after only a few months, became such close friends that they decided to send a delegation of six people to attend his wedding in England. He and his wife have since enjoyed the hospitality and love of multiple friends who have kept in touch over the years and have made them feel at home also in Kelvington, Sask. whenever they returned. “We have lovely friends that have become our family.”

He and his wife, Geeta, have been blessed with two children they love dearly, and with whom they spend their free time being part of their lives. Dr. Nayar enjoys being part of the community and tries to help as much as he can.

“I have loved to work. My father always said: “Work is Worship”, I have tried to live by that principle.”

Dr. Donald Stefiuk



Dr. Donald Stefiuk’s first experience in the medical field was at the old Grey Nuns’ Hospital in Regina where he trained as an X-ray tech. He then attended the University of Regina while working as an x-ray tech and obtained a bachelor of science degree, followed by his MD at the College of Medicine in Saskatoon. He specialized in family medicine and addiction medicine, and worked at City Centre Family Physicians (formerly Doig, Golumbia and Associates) in Saskatoon until retirement in June 2019. He earned honorary lifetime membership to the Canadian Medical Association in 2014, and received the Award of Excellence from the College of Family Physicians of Canada (2012) and the University of Saskatchewan Alumni Service Award (2003 & 2012).

According to Dr. Stefiuk, the most memorable moment of his career happened as follows: “When I was a second-year resident with Dr. Joe Golumbia, I went to see a patient who was in his twenties. I asked how I could help and he replied, ‘My lungs feel very tiny’. When I listened to his chest, I could not hear any air entry on either side. I called Dr. Golumbia and he agreed. He ran, got his car from the parkade and rushed him to the hospital. turned out the young man had a bilateral pneumothorax, pneumomediastinum, and pneumopericardium. At that time, there were only 4 cases ever reported in the literature. The young man recovered and was fine!”

He built a home at Pike Lake which he finished with his sons-in-law, for his family to enjoy, and enjoys building furniture, photography, making stained-glass windows, and baking. He previously served on various committees, including for the SMA, College of Family Physicians and the Medical Alumni Association.

Dr. Stefiuk has taken thousands of photographs, which he has on display, and has made many stained-glass windows for his home town.

Dr. Esther Stenberg



Originally from Dryden, ON, Dr. Esther Stenberg obtained her medical degree from the University of Manitoba before moving to Saskatoon to work as a family physician with Drs Glover, Stewart and Associates from 1980-1991, then self-employed as a GP psychotherapist from 1991 until today.

She recounts: “I helped deliver over 500 babies when I was in family practice. Years later, I occasionally meet moms for whom I assisted in bringing one or more of their children into the world. They tell me of memorable moments that I was a part of, from their labour and delivery or maybe the first 6 weeks postpartum. One of the comical moments, which I had forgotten, was recently told to me. Apparently, I rushed into the delivery room and realized I forgot to don a hat. The multiparous mom was pushing and I was frantically saying, “Where’s a hat? I need a hat!” The nurse kindly and calmly said, “Don’t worry about a hat, just catch the baby”. The Mom and I had a great laugh about it, 30 years later.”

In 1993, she founded Ancient Spirals Retreat, 20 km south of Saskatoon, and continues to be the Keeper of the property with her husband, Bill. Since 2000, she has taught BioSpiritual Focusing workshops. For the larger community, it is a welcoming place for healing and gatherings of all kinds. “It’s a joy to walk the land and commune with nature and the elements.”

In 2018, she self-published a small poetry book with a CD, entitled *Poetry for Re-Membering*. A friend of hers refers to it as ‘medicine for the soul’. She sometimes reads a particular poem to a patient when it might validate or deepen their therapeutic process.

She enjoys kayaking with her husband on the river or while camping at Besnard Lake. “We finally got a two-man foldable kayak so that I wouldn’t be a kilometer behind him and he wouldn’t worry about me when the waves got huge.”

“Don’t worry about a hat, just catch the baby!”

Dr. Shashi Suri



Dr. Shashi Suri trained in New Delhi, India, at Maulana Azad Medical College, graduating in 1969. She completed an anesthesiology residency at the University of Western Ontario and became a fellow of the Royal College of Physicians and Surgeons in 1978. In 1979, she obtained a position in anesthesiology in Regina, where she remains today. She has also been working as Clinical Assistant Professor with the University of Saskatchewan College of Medicine since 1996.

As the Head of the Department of Anesthesiology at Regina Qu'Appelle Health Region from 2003-2008, she is proud to have recruited 9 highly qualified anesthesiologists to the hospital at a time when they were quite short-staffed. She advocated for the purchase of state of the art equipment in order to maintain the highest standard of care within the department, including new standardized anesthetic machines, glidescopes for assistance with difficult intubations, and ultrasounds for safe vascular access and nerve blocks. Most of this equipment is still in use in the department today.

She is also very proud of teaching medical students and residents throughout her years of practice. When reflecting on her early years of practice, she is reminded that she was the only female full-time anesthesiologist in her region for several years. This definitely had its challenges in a male-dominated profession with respect to call schedules and family obligations as a young mother.

Outside of work, she loves travelling, raising her children and playing with her beautiful grandchildren. She was always active in her children's lives and extracurricular activities, including being the president of her son's figure skating association when he was a national competitor. Both children graduated from the University of Saskatchewan College of Medicine with great distinction. Her daughter, Rita, is currently the Director of Nephrology at McGill University, and her son, Ryan is a general surgeon in Regina.

"I am proud to have inspired other women to become anesthesiologists and hope for us all to be treated equally."

A close-up, high-angle photograph of surgical forceps, showing the metallic jaws and the handle. The background is a soft, out-of-focus blue and white bokeh.

*Thank you
for your hard work
and dedication
in providing
healthcare services
for the citizens
of Saskatchewan
for 40 years
or more!*